



Playing Up Guidelines:

A player's age group is determined by his/her age on September 1, of the current school year. For example, a player who is 16 on September 1, but turns 17 on October 5th is considered eligible to play in the 16-and-under age group according to NCHC guidelines. Players may play up in a higher age group, if desired. FCHAA will use the following guidelines in this regard for basketball:

1. A player should not be on more than two team rosters.
2. There are four parties involved in the decision to allow a player to play up, so communication between all parties will be key to this process:
 - a. Coach from their current age group
 - b. Coach from the older age group
 - c. Parents of the player
 - d. The player
3. Players will begin practicing at the start of the season with their age group. If a player played up the previous season, the coaches may agree to start the player practicing with the older group.
4. A coaches' meeting will be held early in the practice schedule, so coaches can discuss which players will be considered for playing up.
5. For those players being considered, a coach will contact the parents to seek their permission.
6. The parents will discuss with their child to confirm the player is willing to play up.
7. If all four parties agree, then the two coaches will work out a practice schedule between the two teams.
8. Adjustments can be made during the season. The four parties will communicate and agree on changes being considered.